High Holy Days
Family Machzor

Community Synagogue of Rye
Opening Psalms & Prayers

Hinei mah tov uma-naim shevet achim gam yachad.

How good and pleasant it is for brothers and sisters to sit together. ~ Psalm 133

I AM THE NEW YEAR.
I am unused, unspotted, without blemish,
I stretch before you three hundred
And sixty-five days long.
I will present each day
In its turn, a new leaf
In the book of life
For you to place upon
It your imprint.

I AM THE NEW YEAR.
Each hour of every day, I will
Give you sixty minutes that
Have never known the use of man.
White and pure I present them;
It remains for you to fill them
With sixty jeweled seconds of
Love, hope, endeavor, patience,
And trust in God.

I AM THE NEW YEAR.
I am coming –
But once past, I can
Never be recalled;
What I am depends on you.
To pray is to regain a sense of the mystery that animates all beings, the divine margin in all attainments. Prayer is our humble answer to the inconceivable surprise of living. It is all we can offer in return for the mystery by which we live. Who is worthy to be present at the constant unfolding of time? Amidst the meditation of mountains, the humility of flowers—wiser than all alphabets... How strange we are in the world, and how presumptuous our doings! Only one response can maintain us: gratefulness for witnessing the wonder, for the gift of our unearned right to serve, to adore, and to fulfill. It is gratefulness which makes the soul great.

~ Rabbi Abraham Joshua Heschel

A New Year’s Prayer
by Rabbi Naomi Levy

I’m good at making resolutions, God. But I’m not very good at keeping them. There are so many goals I’d like to achieve, so many changes I’d like to make.

I pray to You today, God, for strength. I want to live a meaningful life. I want to comprehend my true promise. I want to understand why You have put me here.

Help me to see, God. Show me the person I have the potential to become. Let me find my passion, God. Teach me to resist temptation, to conquer self-destructive habits, to overcome selfishness and pettiness. Give me the humility and the courage to repair relationships that pride has destroyed. Show me how I can bring hope and healing to this world.

Let this be a good year, God. A year of health, a year of blessing, a year of love, a year of peace. Amen.

Repentance requires both a human initiative and a response from God. Consider the parable of a prince who was far away from his father—a hundred day’s journey away. His friends said to him: Return to your father. He replied: I cannot; I do not have the strength. Thereupon, his father sent word to him saying: Come back as far as you are able, and I will go the rest of the way to meet you.

~ Midrash Pesikta Rabbati
Mah Tovu

Ma tovu ohalecha Ya'akov,
Mishk'notecha, Yisrael.

Va'ani b'rov chasd'cha avo veytecha,
Eshtachaveh el heichal kodsh'cha b'yiratecha.

Adonai ahavti m'on beitecha
Um'kom mishkan k'vodecha.
Va'ani eshtachaveh v'echra'ah
evr'cha lifnei Adonai osi.

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Va'ani t'filati l'cha Adonai eit ratzon
Elohim b'rov chasedcha, aneini b'emet yishecha.

How lovely are your tents, O Jacob, your dwelling places, O Israel! As for me, O God abounding in grace, I enter Your house to worship with awe in Your sacred place. I love Your house, Eternal One, the dwelling place of Your glory; humbly I worship You, humbly I seek blessing from God my Maker. To You, Eternal One, goes my prayer: may this be a time of Your favor. In Your great love, O God, answer me with Your saving truth.

A Prayer for the Body - Asher Yatzar

Blessed is our Eternal God, Creator of the universe, who has made our bodies with wisdom, combining veins, arteries, and vital organs into a finely balanced system. We know that if one of them were wrongly opened or closed it would be impossible to endure and stand before You. Wondrous fashioner and sustainer of life, source of our health and our strength, we give You thanks and praise.

Baruch Atah Adonai, rofei chol basar u'maflee la'asot.

MY GOD I thank you for my life, body and soul; Help me realize that I am something new, someone who never existed before, someone original and unique in the world. For if there had ever been someone like me, there would have been no need for me to exist.

~ Martin Buber, adapted
For the Soul - *Elohai N'shamah*

*Elo-hai, n'shama sh'natata bi t'hora hi.*

My God, the soul You have given me is pure.

I **POSE** this challenge to my spirit:
To receive with open mind and heart what is offered to me.
May I learn to embrace as easily as I evaluate.
May I quiet the ever-present instinct to judge and critique.
May I cultivate the gift of listening without framing a reply.
May I learn to accept help from those who care for me.
May I grow less insistent that life bend to my will and expectations.
May generosity of spirit find a home within me.

~ Janet & Sheldon Marder

*Baruch Atah Adonai, asher b'yado*
*nefesh kol chai v'ruach kol b'sar ish.*

Blessed are You, Adonai, in whose hand are the ever-living soul and the breath of humankind.

**Morning Blessings**

*Baruch atah Adonai, Eloheinu Melech ha-olam...*

Thank you, God, for giving me understanding, and for creating me in Your image.

*Thank you, God, for making me a Jew and for making me free.*

Thank you, God, for giving me sight and clothes to wear.

*Thank you, God, for allowing me to move freely and stand up straight.*

Thank you, God, for making this wonderful world that has everything I need.

*Thank you, God, for waking me up this morning with energy.*

May I be grateful today for Your many gifts that I so often take for granted.
For the Gift of Torah

Baruch Atah Adonai, Eloheinu melech ha-olam asher kidashanu, b’mitzvotav v’tzivanu la’asok b’divrei Torah.

Blessed are You, Adonai our God, Ruler of the universe, Who sanctifies us with Your mitzvot and commands us to immerse ourselves in the study of Torah.

Eilu D’varim


These are the obligations without measure, whose reward, too, is without measure:

To honor father and mother;
to perform acts of love and kindness;
to attend the house of study daily;
to welcome the stranger;
to visit the sick;
to rejoice with bride and groom;
to console the bereaved;
to pray with sincerity;
to make peace when there is strife.
But the study of Torah is equal to them all.

~ Mishnah Peah 1:1
Verses of Song - Pseukei D’zimra

Psalm 150

Halleluyah!
Hal’lu El b’kodsho
hal’luhu bir’kia uzo.
Hal’luhu big’vurotav
hal’luhu k’rov gudlo.
Hal’luhu b’teka shofar,
hal’luhu b’neivel v’chinor.
Hal’luhu b’tof umachol,
hal’luhu b’minim v’ugav.
Hal’luhu b’tziltzei shama,
hal’luhu b’tziltzei t’ruah.

Kol han’shamah t’haleil Yah, Halleluyah!

Halleluyah!
Praise God in the holy place.
Praise God in the heavens.
Sing praises for mighty acts.
Blast the shofar—
Strum the strings—
Toot the flutes—
Clang the cymbals—
Beat the drums—
Let everything that breathes sing praise.

Though our mouths should overflow with song as the sea, our tongues with melody as the roaring waves, our lips with praise as the heavens’ wide expanse; and though our eyes were to shine as the sun and the moon, our arms extend like eagles’ wings, our feet speed swiftly as deer—still we could not fully thank You, Adonai our God and God of all ages, or bless Your name enough, for even one of Your infinite kindnesses to our ancestors and to us.

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You are tremendous in power, O God, glorious in being, mighty forever, and awesome in Your works. You are our majestic unchanging Ruler.

It is written in Psalms that the righteous rejoice in feeling God's closeness. It is fitting that they praise you.

You are honored by the mouth of the upright.
You are blessed by the words of the righteous.
You are declared holy by the tongue of the faithful.
You are praised in the hearts of good and kind people.

Blessed is Adonai, Sovereign God, Holy One of wonders, Who delights in our songs.

Chatzi Kaddish

Yitgadal veyitkadasch shemey raba.  
Be'alma divra chirutei veymlich malchutei bechayeichon uwyomeichon uchayey dechol beit yisra'el ba'agala uwizman kariu ve'imru amen.

Yehei shemey raba mevarach le'alum ulalmey almaya.

Yitbarach veyishtabach veyitpa'ar  
Veyitaleh veyit-hadal shemey dekudsha berich hu.  
Le'ela min kol birchata v'shiratah.  
Tushbechata v'nechematah, da-ah-miran b'al-mah ve'imru, Amen.

Let God's name be made great and holy in the world that was created as God willed. May God complete the holy realm in your own lifetime, in your days, and in the days of all the house of Israel, quickly and soon. And say: Amen. May God's great name be blessed, forever and as long as worlds endure. May it be blessed, and praised, and glorified, and held in honor, viewed with awe, embellished, and revered; and may the blessed name of holiness be hailed, though it be higher than all the blessings, songs, praises, and consolations that we utter in this world. And say: Amen.
Our Call To Worship: *Barchu*

_Barchu et Adonai ha’m’vorach!_  
Praise the One to whom our praise is due!

_Ba-ruch Adonai ha’m’vorach l’olam va’ed!_  
Praised be the One to whom our praise is due, now and forever!

**For Creation - Yotzer Or**

The sun rose today.  
It will set this evening.  
Tomorrow the sun will rise again.  
The world goes on, day then night.  
Day then night.  
Winter changes into spring.  
Spring becomes summer.  
Summer turns into fall.  
Then winter happens again.  
A year happens every single year.  
Every day I get up and start again.  
Life comes in circles.  
I can learn from yesterday and change in time for tomorrow.  
The world goes on, day then night.  
Day then night.

_i thank you God for this most amazing day; for the leaping greenly spirits of trees and a blue true dream of sky; and for everything which is natural which is infinitite which is yet this is the sun’s birthday this is the birth day of life and of love and wings and of the great happening illimitably earth how should tasting touching hearing seeing breathing any- lifted from the no of all nothing- human merely being doubt unimaginable You? (now the ear of my ears awake Now the eyes of my eyes are opened)_  

~ e.e. cummings

_Baruch Atah Adonai, yotzer ha’me’orot._  
We praise You, Eternal God, Creator of light.
God’s Gift of Torah - Ahavah Rabah

Two wooden sticks,
The skin of a kosher animal,
And some chemicals mixed together.
That’s all it takes to write a Torah—
That and four thousand years of wandering,
searching, suffering, learning, following,
leading, loving, blessing.

Two wooden sticks,
The skin of a kosher animal,
And some chemicals mixed together.
That’s all it takes to write a Torah—
That and four thousand years of longing, teaching
hoping, weeping, remembering, planting,
praying, praising.

Two wooden sticks,
The skin of a kosher animal,
And some chemicals mixed together.
That’s all it takes to write a Torah—
That and four thousand years of living with God
looking over our shoulders.

~ Rabbi Roy Walter

Your love for us is deep, Adonai.
You are compassionate and patient.
You taught our ancestors laws to live by,
And now You are our teacher too.

Put the Torah in our hearts
To listen to its words so we can learn them and teach them,
So that we may do with love, all we learn in Your Torah.

Baruch Atah Adonai, Ha-bocher,
b’amo yisrael b’ahavah.

Blessed are You, Eternal One, who chooses this people Israel in love.
Shema Yisra'el, in Eloheinu, in Echad:

Hear O Israel, the Eternal is our God, the Eternal is One.

Baruch shem kevod malchuto le'olam va'ed.

Blessed is God’s glorious majesty forever and ever.


L'ma'an tizkeru vaasitem et kol mitzvotai, vih’yitem k’doshim Leiloheichem. Ani Adonai Ehloheichem asher hotzeiti etchem Mei’eretz mitzrayim lih’yot lachem leilohim. Ani Adonai Ehloheichem. (Emet.)

You shall love the Eternal your God with all your heart, with all your soul and all your being. And these words which I command you on this day, shall be upon your heart. And you shall teach them to your children, and speak of them sitting in your house, walking along the way, upon lying down and upon rising. And you shall bind them as a sign upon your hand and they shall be for frontlets between your eyes. And you shall write them on the doorposts of your house and on your gates. Then you will remember and do all My mitzvot and be sacred to your God. I am the Eternal your God who bore you up from the land of Egypt to be your God. I am the Eternal your God.
With Hope For Redemption - Geulah

In Egypt, our courage disappeared;
At the Sea, in the waters, in our frantic swim-wade-walk-run
across the water's bed,
we became brave once more.

And so we sang until our lungs filled
with the breath of the bold,
with the spirit of the free.

And so we sang until our words flowed into chant,
until our chant merged into rhythm,
until our rhythm blended into dance.

~ Rabbi Leila Gal Berner

Mi Chamocha

Mi cha-mo-cha ba-ei-lim, Adonai?
Mi ka-mo-cha, neh-dar ba-ko-desh,
no-ra t'hi-loht, o-sei feh-leh?

Shi-ra cha-da-sha shi-b'chu g'u-lim
l'shi-m'cha al s'fat ha-yam; ya-chad
ku-lam ho-du v'him-li-chu v'a-m'ru:
Adonai yim-loch l'o-lam va-ed!

Ts'ur Yis-ra-eil, ku-ma b'ez rat Yis-
ra-eil, u-f'dei chi-n'u-me-cha Y'hu-
dah v'yis-ra-eil. Go-a-lei-nu Adonai
Ts'va-ot sh'mo, K'dosh Yis'ra-eil. Ba-
ruch a-tah, Adonai, ga-al Yis-ra-eil.

Who is like You, Eternal One, among the gods that are worshipped? Who is like You, majestic in holiness, awesome in splendor, doing wonders? A new song the redeemed sang to Your name. At the shore of the sea, saved from destruction, they proclaimed Your sovereign power: The Eternal One will reign for ever and ever! O Rock of Israel, come to Israel's help. Fulfill Your promise of redemption for Judah and Israel. Our Redeemer is God on High, the Holy One of Israel. We praise You, O God, Redeemer of Israel.

We rise for the T'filah.

Adonai sifatai tiftach u'fi yagid tifilatecha.
Adonai, open up my lips that my mouth may declare Your praise.
God of All Generations - Avot v’Imahot

Blessed are You, Eternal our God, God of our forefathers and foremothers, God of Abraham, God of Isaac, and God of Jacob; God of Sarah, God of Rebecca, God of Rachel, and God of Leah. Great, mighty, and awesome, God beyond all that is, compassionate One, embracing all. You take note of our ancestors’ deeds, redeeming their descendants lovingly, for the sake of Your Name.

Remember us and give us life,
O God of life who takes great joy in life’s beauty.
May our names be written in the Book of Life.
You are our Ruler and our Helper, our Savior and our Shield.
Blessed is Adonai, the Shield of Abraham, the protector of Sarah.

God’s Power - G’vurot

Great is Your might, O God, in this world; great is Your power in the worlds beyond. Your love sustains the living, Your great compassion is the source of life. Your power is in the help that comes to the falling, in the healing of the sick, in the freedom You bring to the captive, in the faith You keep with those who sleep in the dust. Who is like You, Master of Might? Who is Your equal, O God of life and death, Source of salvation? Who is like You, Source of mercy? In compassion You sustain the life of Your children. We trust in You to restore our life. Blessed is Adonai, Source of all life.
Unetaneh Tokef

Ba’rosh Hashana yiktei vun
u-v’yom tzom kippur y’cha tei vun.

On Rosh Hashanah it is written; On Yom Kippur it is sealed...

On Rosh Hashanah we reflect, On Yom Kippur we consider:
Who shall be filled with life, Who shall merely exist,

Who shall burn with the fires of greed,
Who shall drown in the waters of despair,

Who shall hunger for goodness,
Who shall thirst for justice and right,

Whose sharp tongue shall speak unkindly of others,
Whose gentle word shall make for peace,

Who shall be plagued by fear of the world,
Who shall strangle for lack of friends,

Who shall be shattered by the storms of change,
Who shall be plagued by the pressure to conform,

Who shall be calm in every storm,
Who shall be troubled by the passing breeze,

Who shall be poor, never appreciating what they have,
Who shall be rich, content with exactly what is theirs.

U’teshuvah, ut’fillah, ut’zedakah
ma-avirin et ro-ah ha-g’zerah.

REPENTANCE, PRAYER and TZEDAKAH,
These return us to Our God. They have the power to change us.
Forgiven for yesterday’s mistakes, hopeful for tomorrow,
May we go forth with rejoicing, to a year of great goodness.
Sanctification - Kedusha

Nikadesh et shimcha ba-olam, k'shem she'makdishim oh-to b'shmei marom, ka-katuv al yad n'vi-echa v'karah zeh-el zeh v'am: Kadosh, Kadosh, Kadosh, Adonai Tz'va-ot m'lo kol ha'aretz K'vo-do.

Adir Adireinu, Adonai Adoneinu, Mah Adir Shimcha b'chol ha-aretz!

Baruch K'vod Adonai Mimkomo.

Echad Hu Eloheinu, Hu Avinu Hu Malkeinu, Hu Moshi-einu v'huy yashmi-einu b'rachamav l'onei kol chai,

Ani Adonai Eloheichem!


L'dor va-dor nagid Gadlecha, u'lienetzach nitzachim k'dushatcha nakdish, v'shivcha-cha Eloheinu, mi-pi-nu lo ya-mush, l'olam va-ed.

Baruch Atah Adonai, hamelech hakadosh.

We sanctify Your name on earth, even as all things, to the ends of time and space, proclaim Your holiness; and in the words of the prophet we say:

Holy, Holy, Holy is the Eternal of Hosts; the fullness of the whole earth is God’s glory! Source of strength, Sovereign One, how majestic is Your presence in all the earth!

Blessed is the glory of God in heaven and earth.

God alone is our Creator; our Ruler and our Helper; and in mercy God is revealed in the sight of all the living: I am Adonai your God!

The Eternal shall reign for ever; Your God, O Zion, from generation to generation.

Halleluyah!

To all generations we will make known Your greatness, and to all eternity proclaim Your holiness. Your praise, O God, shall never depart from our lips.

Blessed is Adonai, the Holy Ruler.
Holiness

There is holiness when we try to be the best that we can be.
There is holiness when we are kind to someone for no special reason.
There is holiness when we love our family and friends.
There is holiness when we forget our differences and remember what unites us.
There is holiness when we stand up for what we believe in.
There is holiness when we help those who are lonely and lost.
There is holiness when we share—our possessions, our ideas, our love.
There is holiness when we turn our prayers into action.

The Holiness of this Day - Kedushat Ha-yom

You have called us to Your service through the mitzvot and chosen us to celebrate special, holy days. Our God, and God of our ancestors, make our lives holy—special—through Your mitzvot and let Your Torah guide us. Blessed are You, Adonai, Our God, Who makes holy the Shabbat and the Jewish people and the Day of Remembering. Our God and God of all ages, be mindful of Your people Israel on this Day of Remembrance, and renew in us love, compassion, goodness, life and peace.

This day remember us for well-being. Amen.
This day bless us with Your nearness. Amen.
This day help us to live. Amen.

Our God and God of our ancestors, sanctify us with Your Mitzvot, and let Your Torah be our way of life. (May our rest on this day be pleasing in Your sight.) Satisfy us with Your goodness, gladden us with Your salvation, and purify our hearts to serve You in truth; for You, O God, are truth, and Your word is true for ever. (In Your gracious love, Adonai, our God, let Your holy Sabbath remain our heritage, that all Israel, hallowing Your name, may find rest and peace.) Blessed is Adonai, who hallows (the Sabbath,) the House of Israel and the Day of Remembrance.
May Our Worship be Acceptable to You - *Avodah*


Eternal Our God, may we, Your people Israel, be worthy in our deeds and our prayer. Wherever we live, wherever we seek You- in this land, in Zion restored, in all lands- You are our God, whom alone we serve in reverence.

In Thanksgiving - *Modim*

GOD OF GOODNESS, we give thanks for the gift of life, wonder beyond words; for the awareness of soul, our light within; for the world around us, so filled with beauty; for the richness of the earth, which day by day sustains us; for all these and more, we offer thanks.

~ Rabbi Bernard Mehlman

Baruch atah, Adonai, hatov shimcha u-l’cha na-eh l’hodot.

Blessed are You, Eternal, Your Name is goodness and to You we offer thanksgiving.

And then all that has divided us will merge
And then compassion will be wedded to power
And then softness will come to a world that is harsh and unkind
And then both men and women will be gentle
And then both men and women will be strong
And then no person will be subject to another’s will
And then all will be rich and free and varied
And then the greed of some will give way to the needs of many
And then all will equally share in the Earth’s abundance
And then we will all care for the sick and the weak and the old
And then all will nourish the young
And then all will cherish life’s creatures
And then all will live in harmony with each other and the Earth
And then everywhere will be called Eden once again

~ Judy Chicago
For Peace - Shalom

Sim shalom tovah uv’racha chein vachesed v’rachamim aleinu v’al kol Yisrael amecha. Bar’cheinu avinu kulanu k’eched b’or panecha ki b’or panecha natata lanu, Adonai Eloheinu, Torah yitvah u’tovah, v’tov b’ei-necha lvarech et am’cha Yisrael b’chol eit u-v’chol sha-ah b’shlomecha.

B’sefer chayim, b’rcha v’shalom u’far’na-sa tovah, nizacheir v’ni-ka-teiv l’varech et am’cha Yisrael b’chol eit u-v’chol sha-ah b’shlomecha. Baruch ata Adonai, oseh ha-shalom.

Let peace, happiness, and love come to our world, to us, and to all the Jewish people. Bless us all, Holy One, with Your light, for by that light You have given the Torah to guide us. May it please You to bless the Jewish people in every season and at all times with goodness and peace.

May we and all the Jewish people around the world be rememberd and recorded in Your book for a good and peaceful life. Praised are You, Adonai, Source of peace.


May the words of my mouth and the meditations of my heart be acceptable to You, O God, my Rock and my Redeemer.

Oseh shalom bimromav, hu ya-aseh shalom aleinu, v’al kol Yisrael, v’imru amen.

May the One who causes peace to reign in the high heavens let peace descend on us, on all Israel, and on all the world.
A Meditation before the Vidui:

I hereby forgive all who have hurt me, all who have wronged me, whether deliberately or inadvertently, whether by word or by deed. May no one be punished on my account. As I forgive and pardon those who have wronged me, may those whom I have harmed, whether by word or by deed, forgive and pardon me.

We have all done wrong. Together we confess these sins:

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<td>לַא-אָצְנֻ</td>
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<td>Narrow-mindedness</td>
<td>ma-rad-nu,</td>
<td>מַא-רָדְנֻ</td>
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<td>Obnoxiousness</td>
<td>ni-atznu,</td>
<td>נִי-אָצְנֻ</td>
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<td>Possessiveness</td>
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<td>סֶא-רָרְנֻ</td>
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<td>Quitting learning</td>
<td>a-vinu,</td>
<td>א-וּינֻ</td>
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<td>Ratting on others</td>
<td>pa-sha-nu,</td>
<td>פַּא-שָּׁא-フリー</td>
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<td>Selfishness</td>
<td>tza-rarnu,</td>
<td>צַז-רְרַנּוּ</td>
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<td>Teasing</td>
<td>ki-shi-nu oref.</td>
<td>קִי-שִׁי-フリー</td>
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<td>Using words that hurt</td>
<td>Rash-anu,</td>
<td>רַשְׁא-フリー</td>
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<td>Violence</td>
<td>shi-chatnu,</td>
<td>שִׁי-חָטְנֻ</td>
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<td>Weakness of will</td>
<td>ti-av-nu,</td>
<td>הַיִוָ-フリー</td>
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<tr>
<td>Xenophobia</td>
<td>ti-iy-nu,</td>
<td>הַיִי-フリー</td>
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<tr>
<td>Yeilding to temptation</td>
<td>ti-ta-nu.</td>
<td>הַיַּי-フリー</td>
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Al Chet

We have missed the mark-
by accident and on purpose,
by being heartless,
by the way we speak,
by wronging our neighbor,
by confessing insincerely,
by mocking parents and teachers,
by being violent,
by foul language,
by foolish talk,
by giving in to our bad impulses.

For all of these, O God of forgiveness, pardon us, forgive us, grant us atonement.

We have missed the mark-
by deceit and falsehood,
by gossiping,
by the way we eat and drink,
by looking down on other people,
by disobeying,
by judging others too quickly,
by being selfish,
by being stubborn,
by talebearing,
by not keeping promises.

For all these, O God of forgiveness, pardon us, forgive us, grant us atonement.

V'al ku-lam, e-lo-ha s'li-chot, s'lach la-nu,
michal la-nu, ka-per la-nu.

For all these sins, O God of mercy, forgive us, pardon us, grant us atonement.

Shema koleinu, Adonai Eloheinu, chus
v'rachem aleinu, v'kabel b'rachamim u'v-ratzon et t'fi-lateinu, hashiveinu Adonai E-lecha v'hashuvah, chadesh ya-meinu
k'kedem.

Hear our voice, Adonai our God; have compassion upon us, and with that compassion accept our prayer. Help us return to You, Adonai; then truly shall we return. Renew our days as in the past.
An Al Chet for Parents  by Yonit Kosovske (adapted)

For the mistake we have committed before You by losing patience with our children, And for the mistake we have committed before You by losing our temper.

For the mistake we have committed before You by not giving our children our undivided attention. And for the mistake we have committed before You by forgetting to teach our children not to interrupt when others are talking.

For the mistake we have committed before You by allowing DVDs and computer games to act as a babysitter instead of finding more creative activities to engage our children. And for the mistake we have committed before You by over-programming our children, and by not allowing them down-time to wonder, imagine, be bored, and daydream.

For the mistake we have committed before You by not giving our children enough structure. And for the mistake we have committed before You by being so structured that our children do not learn to be flexible.

For the mistake we have committed before You by putting too much pressure on our children to succeed. And for the mistake we have committed before You by failing to nurture our children’s unique passions and gifts.

For the mistake we have committed before You by fighting with our partner in front of the children. And for the mistake we have committed before You by not teaching our children how to peacefully resolve conflicts.

For the mistake we have committed before You by not creating Shalom Bayit, a peaceful home. And for the mistake we have committed before You by focusing only on our shortcomings as parents instead of recognizing that, at least most of the time, we are doing our best.

For all these, and more, God of forgiveness, forgive us, pardon us, atone for us. Help us to be more patient and compassionate so that we may guide and teach our children well. Amen.

We Are Your People - Ki Anu Amecha

For we are Your people, and You are our God.
   *We are your children, and You are our parent.*
We are Your servants and You are our master.
   *We are Your congregation And You are our Portion.*
We are Your inheritance and You are our Destiny.
   *We are Your sheep and You are our shepherd.*
We are Your vineyard and You are our Guardian.
   *We are Your task and You are our Creator.*
We are Your friend and You are our Beloved.
   *We are Your treasure and You are close to us.*
We are Your people and You are our ruler.
   *We are Your chosen ones and You are our Chosen One.*
For the Reading of the Torah

Ein kamocha va-elo-him, Adonai v’ein k’m’a-sei’cha. Malchut’cha, malchut kol olamim umem’shal’t’cha b’chol dor vador.

There is no God like You, no deeds like Yours. Your rule is everlasting; You are supreme throughout the generations.


You have always reigned; You reign now and forever. You will give strength to Your people. You will bless Your people with peace.

We rise as the ark is opened.

Avinu Malkeinu

Avinu Malkeinu, our Sovereign Ruler, Grant us a good New Year.
Avinu Malkeinu, Let there be no more war and destruction.
Avinu Malkeinu, Forgive and pardon our sins.
Avinu Malkeinu, Help us to turn to You and change ourselves.
Avinu Malkeinu, Heal the sick and remember those in need.
Avinu Malkeinu, Write us in the Book of Happiness.
Avinu Malkeinu, Write us in the Book of Forgiveness.
Avinu Malkeinu, Show us mercy and loving kindness.
Avinu Malkeinu, Accept our prayers with mercy and favor.


Avinu Malkeinu, be gracious with us and answer us, even though we don’t deserve it; treat us with fairness and loving kindness, and save us.

A-do-nai, a-do-nai eyl ra-chum v’cha-nun.
E-rech a-pa-yim v’ra-v che-sed ve-e-met.
Notzer chesed la-ah-la-phim, noseh ahvone va-fesha-v’cha-ta-ah v’nah-keh.

Adonai, Adonai God is merciful and gracious, endlessly patient, loving, and true, showing mercy to thousands, forgiving iniquity, transgression, and sin, and granting pardon.

The Torah is taken out of the ark.
For out of Zion shall go forth Torah, and the word of God from Jerusalem. Praised be the One who in holiness gives Torah to our people Israel.

Sh'ma Yisrael: Adonai Eloheinu, Adonai Echad!

Hear, O Israel: the Eternal One is our God, the Eternal God alone.

Echad Eloheinu, gadol Adoneinu, kadosh v'norah sh'mo.

Our God is One; great and holy is the Eternal One.

L'cha Adonai Ha-gidula v'hag-vurah v'ha-tiferet v'ha-neitzach v'ha-hod ki chol bo-shamayim u'va-aretz. L'cha Adonai ha-mam-la-cha v'hamitnaseh l'chol l'rosh.

Yours, O God, is the greatness, the power, the glory, the victory, and the majesty; for all that is in heaven and earth is Yours. You, O God, are sovereign; You are supreme over all.

All are seated.

BLESSING BEFORE READING TORAH

Reader: Ba-r'chu et Adonai ha-m'vo-rach!

Congregation: Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed!

Reader: Ba-ruch Adonai ha-m'vo-rach l'o-lam va-ed! Ba-ruch a-ta Adonai, Eloheinu meh-lech ha-o-lam, a-sher ba-char ba-nu mi-kol ha-a-mim, v'na-tan la-nu et Torah-toh. Ba-ruch a-ta Adonai, no-tein ha-Torah.

Let us bless the Eternal One who is to be blessed. Blessed is the Eternal One who is blessed now and forever. Blessed are You, Eternal our God, Sovereign of the universe, who has chosen us from among the peoples, giving us this Teaching. Blessed are You, Eternal One, who gives the Torah.

BLESSING AFTER READING TORAH

Ba-ruch a-ta Adonai, Eloheinu meh-lech ha-o-lam, a-sher na-tan la-nu Toh-rat eh-met, v'cha-yei o-lam na-ta b'toh-chet-ru.

Ba-ruch a-ta Adonai, no-tein ha-Torah.

Blessed are You, Eternal our God, Sovereign of the universe, who has given us a teaching of truth, implanting within us eternal life. Blessed are You, Eternal One, who gives the Torah.
שלמה אברך את בניו ברחמים וברחמים, אמר להם: אל vídeo בידריך הכהנים את בני ישראל, לא תתנו להם יד. כי אם י螳לו להם את תורת בני ישראל, יתן להם יד שביתת בני ישראל ויתן להם יד תורת בני ישראל.

ロック ハッシュナハ タロウ レ딩 1: The Binding of Isaac

Genesis 22:1-19

פרק כב

א ויהי אחר החדים והלאה ישה אברך עמים ואמו

וכל יהודה והכתי אברך vazgeיתם, ואמרوا: אל vídeo בידריך הכהנים את בני ישראל, לא תתנו להם יד. כי אם י螳לו להם את תורת בני ישראל, יתן להם יד שביתת בני ישראל ויתן להם יד תורת בני ישראל.
Genesis 22

1 Some time afterward, God put Abraham to the test. He said to him, “Abraham,” and he answered, “Here I am.” 2 And he said, “Take your son, your favored one, Isaac, whom you love, to the land of Moriah, and offer him there as a burnt offering on one of the heights I will point out to you.” 3 So early next morning, Abraham saddled his donkey and took with him two of his servants and his son Isaac. He split the wood for the burnt offering, and he set out for the place of which God had told him. 4 On the third day Abraham looked up and saw the place from afar.

5 Then Abraham said to his servants, “You stay here with the donkey. The boy and I will go up there; we will worship and we will return to you.” 6 Abraham took the wood for the burnt offering and put it on his son Isaac. He himself took the firestone and the knife; and the two walked off together. 7 Then Isaac said to his father, Abraham, “Father!” And he answered, “Yes, my son.” And he said, “Here are the firestone and the wood; but where is the sheep for the burnt offering?” 8 Abraham replied, “God will see to the sheep for His burnt offering, my son.” And the two of them walked on together.

9 They came to the place of which God had told him. Abraham built an altar there. He laid on the wood. He tied up his son Isaac. He laid him on the altar on top of the wood. 10 Abraham reached for the knife to slay his son. 11 But an angel of Adonai called to him from heaven: “Abraham, Abraham!” “Here I am,” he answered. 12 The angel then said: “Do not raise your hand against the boy, nor do the least thing to him; for now I know you stand in awe of God, since you did not withhold from Me your own son, your precious one.”

13 As Abraham looked up, his eye fell upon a ram caught in the thicket by its horns. So he went and took the ram and offered it as a burnt offering in place of his son. 14 And Abraham named the place “Adonai Sees”; as it is said to this day: “On the mountain of Adonai there is a vision.”

15 The angel of Adonai called to Abraham out of heaven a second time, 16 saying: “By myself do I swear, says Adonai, that because you have done this, and did not withhold your son, your precious one, from Me, 17 I will bless you greatly, and make your descendants as numerous as the stars of heaven and the sands of the seashore; and your descendants shall come to possess the gates of your enemies. 18 All the nations of the earth shall be blessed through your descendants, because you obeyed My command.” 19 Abraham then returned to his servants, and they left together for Beersheba. And Abraham stayed in Beersheba.
Rosh Hashanah Torah Reading 2:
Creation of the World

Genesis 1:1-2:3

In the beginning God created the heavens and the earth.

And the earth was without form and void, and darkness was upon the face of the deep. And the Spirit of God was hovering over the face of the waters.

And God said, "Let there be light." And there was light.

And God saw that the light was good. And God divided the light from the darkness.

And God called the light Day, and the darkness He called Night. And there was evening and there was morning, the first day.

And God said, "Let there be a firmament in the midst of the waters, and let it divide the waters from the waters." And God made the firmament and divided the waters which were under the firmament from the waters which were above the firmament. And God called the firmament Heaven.

And God said, "Let the waters under the heaven be gathered together into one place, and let the dry land appear." And it was so.

And God saw that it was good. And God said, "Let the dry land be dry, and the waters under the heaven be separated from one another." And it was so.

And God named the dry land Earth, and the gathering of the waters He called Sea. And God saw that it was good.

And God said, "Let the earth bring forth vegetation, herbs yielding seed after their kind, and trees bearing fruit with seed in it, that it may bear fruit after its kind, that it may be food for you." And it was so.

And God saw that it was good. And God blessed them and said to them, "Be fruitful and multiply and fill the earth and subdue it; and have dominion over the fish of the sea and over the birds of the heavens and over every living thing that moves upon the earth." And God said, "See, I have given you every herb yielding seed which is upon all the earth and every tree which has fruit with seed in it. To you it shall be for food.

And to every beast of the earth and to every bird of the heavens and to every thing that moves upon the earth and to every fish of the sea that I have made, all have I given for food. And as the green herbs were for your food, so shall all these things be for food for you; and I give you every green herb for food.

And God said to Adam, "Because you have listened to the voice of your wife and ate from the tree of which I commanded you, saying, 'You shall not eat from it,' cursed is the ground because of you; in toil you shall eat from it all the days of your life.

Cursed is the ground because of you; thorns and thistles shall be your food all the days of your life.

And you shall eat dust with thirst all the days of your life.

And you shall be灰尘, and toil shall be your food all the days of your life.

And Adam gave his name to his wife Eve, because she was the mother of all living beings.

27
1:1 When God was about to create heaven and earth, 2 the earth was an unformed chaos, and on the chaotic waters’ face there was darkness. Then God’s spirit glided over the face of the waters, 3 and God said, “Let there be light!” – and there was light. 4 and when God saw how good the light was, God divided the light from the darkness; 5 God then called the light Day, and called the darkness Night, and there was evening and there was morning, the first day.

6 God then said, “Let there be an expanse in the midst of the waters, and let it divide water from water!” 7 So God made the expanse, separating the waters beneath the expanse from the waters above the expanse – and so it was. 8 God then called the expanse Sky, and there was evening and there was morning, a second day.

9 God then said, “Let the waters beneath the sky be collected in one place so that the dry ground may be seen!” – and so it was. 10 And God called the dry ground Earth, and called the collected waters Seas. And when God saw how good it was, 11 God said, “Let the earth grow vegetation, seed-bearing plants, fruit trees on the earth that bear fruit, each true to its type, with its seed in it!” – and so it was. 12 The earth brought forth vegetation, seed-bearing plants, each true to its type, and trees bearing fruit, each true to its type, with its seed in it. And God saw how good it was, 13 and there was evening and there was morning, a third day.
14 God then said, “Let there be lights in the expanse of the sky, to separate day from night, to be markers for sacred seasons, for days and years, 15 and to be lights in the expanse of the sky, spilling light upon the earth!” – and so it was. 16 Thus God made the two great lights: the greater light to govern the day, and the lesser light to govern the night and the stars. 17 God set them in the sky’s expanse to spill light upon the earth, 18 to govern the day and the night, to separate the light from the darkness; and God saw how good it was. 19 And there was evening and there was morning, a fourth day.

20 God then said, “Let the waters bring forth swarms of living creatures, and let the birds fly over the earth, across the face of the expanse of the sky!” 21 God then formed the great sea monsters, and every living creature that creeps, with which the waters swarm, all true to their types, and every winged bird, each true to its type; and God saw how good it was. 22 God then blessed them, saying, “Be fruitful and multiply, fill the waters of the seas, and let the birds multiply in the earth!” 23 And there was evening and there was morning, a fifth day.

24 God then said, “Let the earth bring forth living creatures of every type: domestic animals and creeping things and wild animals each true to its type!” – and so it was. 25 Thus God made the wild animals, each true to its type, and the domestic animals, each true to its type, and every creature that creeps on the ground, each true to its type; and God saw how good it was. 26 God now said, “Let us make human beings in our image, after our likeness; and let them hold sway over the fish of the sea and the birds of the sky, over the beasts, over all the earth, over all that creeps upon the earth.” 27 So God created the human beings in [the divine] image creating [them] in the image of God, creating them male and female.

28 God then blessed them, and God said to them, “Be fruitful and multiply; fill the earth and tame it; hold sway over the fish of the sea and the birds of the sky, and over every animal that creeps on the earth.” 29 And God said, “Look, I have given you all the seed-bearing plants on the face of the earth, and every tree that has in it seed-bearing fruit – these are yours to eat. 30 And to every land animal, and to every bird of the sky, and to all that creeps on the earth in which is the breath of life. I [give] all green vegetation for food.” – and so it was. 31 God then surveyed all that [God] had made, and look – it was very good! And there was evening and there was morning, the sixth day.

2:1 Completed now were heaven and earth and all their host. 2 on the seventh day, God had completed the work that had been done, ceasing then on the seventh day, god had completed the work that had [God] had done. 3 Then God blessed the seventh day and made it holy, and ceased from all the creative work that God [had chosen] to do.
You stand this day, all of you, before Adonai, your God—your tribal heads, your elders and your officials, all the men of Israel, 10 your children your wives, even the stranger within your camp, from woodchopper to water-drawer—11 to enter into the covenant of Adonai your God, which Adonai your God is concluding with you this day, with its sanctions; 12 in order to establish you this day as God’s people and in order to be your God, as promised you and as sworn to your fathers, Abraham, Isaac, and Jacob. 13 I make this covenant, with its sanctions, not with you alone, 14 but both with those who are standing here with us this day before Adonai our God and with those who are not with us here this day.
11 For this commandment which I command you this day is not too hard for you, nor too remote. 12 It is not in heaven that you should say: ‘Who will go up for us to heaven and bring it down to us, that we may do it?’ 13 Nor is it beyond the sea that you should say: ‘Who will cross the sea for us and bring it over to us, that we may do it?’ 14 No, it is very near to you, in mouth and in heart, and you can do it.

15 See, I have set before you this day life and good, or death and evil. 16 For I command you this day to love Adonai, to walk in the ways and to keep the commandments, laws, and teachings of your God, that you may live and increase, and that Adonai your God may bless you in the land that you are about to occupy. 17 But if your heart turns away and you do not listen, but let yourself be lured away to worship other gods, and serve them, 18 I warn you now that you will perish: you will not live long in the land which you are crossing the Jordan to enter and inherit. 19 I call heaven and earth to witness against you this day that I have set before you life or death, blessing or curse; choose life, therefore, that you and your descendants may live – 20 by loving the Lord your God, listening to God’s voice, and holding fast to the One who is your life and the length of your days. Then you shall endure in the land which the Lord promised to your fathers, to Abraham, Isaac and Jacob.

A Prayer for Healing – Mi Shebeirach

Mishebeirach Avoteinu,
M’kor habracha l’imoteinu

May the source of strength who blessed the ones before us help us find the courage to make our lives a blessing and let us say, amen.

Mishebeirach, imoteinu,
m’kor habracha l’avoteinu

Bless those in need of healing, with refuah sheleimah
the renewal of body, the renewal of spirit, and let us say, amen.

Lifting & Dressing the Torah

V’zot ha-Torah, asher sahm
Moshe lifnei b’nei Yisrael,
al pi Adonai, b’yad Moshe.

This is the Torah, the word of God, delivered by Moses to the children of Israel.
The Sounding of the Shofar

For untold generations, on this day, our ancestors listened to the sound of the Shofar. What did they hear in its piercing tones? What solemn truths did they detect in its calls that stirred them so profoundly each year?

And what does the Shofar say to us today, as we stand at the dawn of the New Year?

Tekiah! Awake! Let not habit dull your minds, nor comfort harden your hearts. Examine your deeds, look well into your soul, mend your ways, turn to God.

Shevarim! The broken refrain! Listen to the staccato cry. Hear the echoes of sighing and weeping. The deprived and the distressed, the neglected and the enslaved, the bruised and the broken—all cry out for relief from their pain. Let our hearts respond to them with compassion.

Teruah! The call to battle is sounded: join the struggle against injustice and suffering. Give of your bread to those who hunger; give of your strength to those who stumble; give of your time to the lonely and forsaken; heal the wounded; comfort the bereaved.

~ Rabbi Richard Levy, adapted

All rise for the Shofar sounding.

Baruch Atah, Adonai, Eloheinu
Melech ha’olam, asher kidshana
b’mitzvotav lishmoa kol shofar.

Blessed is Adonai our God, Ruler of the Universe, who hallows us with Mitzvot, and calls us to hear the Sound of the Shofar.

Baruch Atah Adonai, Eloheinu Melech
ha’olam, she-hechiyanu, v’kiyemenu,
v’higianu lazman ha-zeh.

Blessed is Adonai our God, Ruler of the Universe, for giving us life, for sustaining us, and for enabling us to reach this season.

TEKIAH!
SHEVARIM-TERUAH!
TEKIAH!
TEKIAH!
SHEVARIM! TEKIAH!
TEKIAH! TERUAH!
TEKIAH GEDOLAH!

All are seated.

O God Supreme, accept the offering of our lips, the sound of the Shofar. In love and favor hear us, as we call to You with the sound of the shofar.

Return to the Ark

We rise as the ark is opened.

Yi'ha-le-lu et Shem Adonai, ki Nisgav sh’mo lvado.

Let us praise the Eternal God, whose name alone is exalted.

Eytz Chayim hi lamachazikim bah v’tom’chei-ha m’u-shar, Hashiveynu Adonai Eilecha v’nashuva, Chadeish yameinu k’kedem

It is a tree of life, to those that hold fast to it, and all of its supporters are happy. Shalom. Turn us back toward You, and we shall return. Make our days like new, as of old.
A Prayer for Our Country

O GUARDIAN of life and liberty, 
may our nation always merit Your protection. 
Teach us to give thanks for what we have 
by sharing it with those who are in need. 
Keep our eyes open to the wonders of creation, 
and alert to the care of the earth. 
May we never be lazy in the work of peace; 
may we honor those who have died in defense of our ideals. 
Grant our leaders wisdom and forebearance. 
May they govern with justice and compassion 
Help us all to appreciate one another, 
and to respect the many ways that we may serve You. 
May our homes be safe from affliction and strife, 
and our country be sound in body and spirit. Amen.

A Prayer For the State of Israel

O HEAVENLY ONE, Protector and Redeemer of Israel, 
bless the State of Israel which marks the dawning of hope for all who seek peace. 
Shield it beneath the wings of Your love; spread over it the canopy of Your peace; 
send Your light and truth to all who lead and advise, 
guiding them with your good counsel. 
Establish peace in the land and fullness of joy for all who dwell there. Amen.
Hayom (Yom Kippur)

Today, please strengthen us. Amen.
Today, please bless us. Amen.
Today, please help us be happy. Amen.
Today, please hear our voice. Amen.
Today, please accept our prayers. Amen.
Today, please keep us safe with Your justice. Amen.

We rise for Aleinu.

Aleinu

Aleinu l’shabeiach laadon hakol lateit
g’dula l’yotzeir b’reisheet, shehlo asanu
k’goyei haaratztot, v’lo samanu
k’mishp’chot haadama; shehlo sam
chelkeinu kahem, v’goraleinu k’chol
hamonam.

Vaanachnu kor’im umishtachavim
umodim lifnei mehlech malchei
ham’lachim, hakadosh baruch hu.

We must praise the God of all, the Maker of heaven and earth, who has set us apart from the other families of earth, giving us a destiny unique among the nations. Therefore we bow in awe and thanksgiving before the One who is Sovereign over all, the Holy and Blessed One.

V’ne’ehmar: V’ha-yah Adonai l’mehlech al
kol haaretz; bayom hahu yih’yeh Adonai
Echad, ush’mo Echad.

And it has been said: “The Eternal God shall rule over all the earth; on that day You shall be One and Your name shall be One.”
In Preparation For Kaddish

In the rising of the sun and in its going down, we remember them.
In the blowing of the wind and in the chill of winter, we remember them.
In the opening buds and in the rebirth of spring, we remember them.
In the blueness of the sky and in the warmth of summer, we remember them.
In the rustling of leaves and in the beauty of autumn, we remember them.
In the beginning of the year, and when it ends, we remember them.
When we are weary and in need of strength, we remember them.
When we are lost and sick at heart, we remember them.
When we have joys we yearn to share, we remember them.
So long as we live, they too shall live,
For they are now a part of us, as we remember them.

MOURNER'S KADDISH

Yitgadal v'yitkadash sh'mei raba b'alma div'ra chirutei v'yalich malchutei b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisraeil, baagala uvizman kariv, v'im'ru: Amen. Y'hei sh'mei raba mekara melecheti ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla ve'mikayla.

Let the glory of God be extolled, let God's great name be hallowed in the world whose creation God willed. May God's kingdom soon prevail, in our own day, our own lives, and the life of all Israel, and let us say: Amen. Let God's great name be blessed forever and ever. Let the name of the Holy One, blessed is God, be glorified, exalted, and honored, though God is beyond all the praises, songs, and adorations that we can utter, and let us say: Amen. For us and for all Israel, may the blessing of peace and the promise of life come true, and let us say: Amen.

May the One who causes peace to reign in the high heavens, let peace descend on us, on all Israel, and all the world, and let us say: Amen.
A Closing Prayer for Rosh Hashanah

Yi-hi razton mil-fanecha, Adonai Eloheinu ve-lo-hei Avoteinu v’Imoteinu, she-tichadesh aleinu shana tovah u’mitukah.

Adonai Our God and God of our ancestors, renew us for a good and sweet year.

A Closing Prayer for Yom Kippur

May these hours of rest and renewal open our hearts to joy and our minds to truth.  
May all who struggle find rest on this day.  
May all who suffer find solace.  
May all who hurt find healing on this day.  
May all who despair find purpose.  
May all who hunger find fulfillment on this day.  
And may this day fulfill its promise.

~ Rabbi Rami Shapiro

A Final Song for Peace

Od yavo shalom aleinu v’al kulam.  
Salaam, aleinu v’al kol ha-olam,  
Salaam, Shalom.

Peace will come upon us and everyone.  
Peace for us and for all the world.

Shanah Tovah!
Acknowledgments:

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Sources:


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