Mitzyvah Week Challenge

How can you do a mitzvah today? Choose an act of kindness to do!

- Share technology skills and ideas with people who need help
- Ask a parent if there is something you can help them with
- Tell a friend why they are awesome!
- Say "good morning" to someone in your house
- Help cook a meal for your family
- Clean up a mess you didn't make
- Help a sibling or friend with their schoolwork
- Call a family member you haven't spoken to in a while
- Write a note or send an email thanking a teacher
- Move the laundry from the washer to the dryer or fold laundry
- Smile at a family member to cheer them up
- Help with the dishes or help put the dishes away
- Collect some loose change and set it aside for tzedakah
- Hide a friendly note for a sibling or parent to find
- Make a card or write a note to an elderly neighbor
- Draw a picture or write a letter to a grandparent

Inspired by Rachel Goldman, Westchester Day School