

## Mitzvah Possibilities... just to name a few!

<u>Mitzvah</u>	<u>Sources in Bible or Talmud</u>
<i>Ahavat Tziyon</i> – Love of Zion	Isaiah 66:10 Psalm 137:5-6
<i>Bal tash'chit</i> - Do not destroy (preserving the earth)	Deut. 20:19
<i>Bikkur Cholim</i> - Visiting the sick	Gen. 17:26-18:1, Talmud-Nedarim 40A
<i>Ma'achil Re'evim</i> - Feeding the hungry	Deut. 10:17-19
<i>Chesed Shel Emet</i> - Honoring the dead and comforting mourners	Deut. 21:23 Psalm 30:6
<i>Hiddur P'nai Zaken</i> - Esteeming elders	Lev. 19:32
<i>Tza'ar Ba'alei Chayyim</i> - Compassion to animals	Ex. 23:5, Deut. 22:10, Lev. 22:28
<i>Talmud Torah</i> - Study and learning	Mishnah Peah 1:1, Deut. 6:7
<i>Tzedakah</i> - The righteous way to give	Lev. 19:9-10, Deut. 15:11, Ex. 23:10-11
<i>Pidyon Shevuyim</i> - Redeeming captives	Isaiah 58:1-6
<i>Hachnasat Orchim</i> - Welcoming the stranger	Gen. 18:3-5, Gen. 19:1-3
<i>LoTiteyn Michshol</i> - Not placing a stumbling block (helping the handicapped)	Lev. 19:14
<i>Pikuach Nefesh</i> - Saving a life	Lev. 19:6
<i>Gemilut Chasadim</i> - Acts of loving kindness	Hosea 10:12
<i>Shalom Bayit</i> - Family harmony/peace	Malachi 3:24, Gen. 45:4-7, Proverbs 17:1
<i>Hiddur Mitzvah</i> - Beautifying a mitzvah	Shemot 15:20
<i>Rodef Shalom</i> - Peacemaking	Numbers 19:27
<i>Peah, Leket and Shich'chah</i> - Leaving the gleanings (helping the poor)	Lev. 19:9-10
<i>Ma'akeh</i> - Preventing accidents	Deut. 22:8
<i>Shemirat Shabbat</i> - Observing Shabbat	Ex. 20:8-11

There are actually 613 mitzvot mentioned in the Torah! The ones listed above are the most common that students tend to use as a guide for their mitzvah projects. If you don't see anything that pertains to your project, you can view all 613 mitzvot at [www.jewfaq.org/613.htm](http://www.jewfaq.org/613.htm), (Judaism 101) or contact Rabbi Frankel.