



June SAJE Events

Thursday, June 3

Experience a dynamic conversation between author **Rabbi Menachem Creditor** and **Rabbi Daniel Gropper** celebrating the release of Rabbi Creditor's newest book - *A Rabbi's Heart*, which features selections of his writings during the eleven years between 2006-2017. The interchange of ideas during this sharing of time and heart will touch on issues of Social Justice, Zionism, America, Torah, and Spirituality and will inspire participants with a renewed appreciation of self, community, faith, and the world.

Monday, June 7

Barb Tankel leads a book discussion on *The Only Woman in the Room: A Novel* by Marie Benedict. She possessed a stunning beauty. She also possessed a stunning mind. Could the world handle both? Her beauty almost certainly saved her from the rising Nazi party and led to marriage with an Austrian arms dealer. Underestimated in everything else, she overheard the Third Reich's plans while at her husband's side, understanding more than anyone would guess. She devised a plan to flee in disguise from their castle, and the whirlwind escape landed her in Hollywood. She became Hedy Lamarr, screen star.

Thursday, June 10

Join **Naomi Norman**, a 500-hr certified yoga instructor, for a fun chair yoga class. We will explore how mindful yoga movements and easy breathing techniques (called pranayama) can help bring more vitality and relaxation to our lives. Please have a sturdy chair and cushion available.

Monday, June 14

Lois DiStefano, from Kenal-on-Hudson, will lead a discussion on Aging Services. She will focus on three key items: what are your choices, key points when looking for a retirement community, how do you know when you need to make a change.

Thursday, June 17

Morgan Stanley Space and Transportation research analyst **Adam Jonas** discusses Space and Sustainability. Technological innovation and climate change have combined to bring the greatest reinvention in transportation and space exploration in generations. Electric cars, autonomous cars and even flying car networks are moving from dream to reality and the new space race has already begun. Learn about the implications for our economy and our planet.

Monday, June 21 - To be Determined

Thursday, June 24 - To be Determined

Thursday, June 28 - To be Determined

Questions? Email SAJE@comsynrye.org